



Hope
Academy

A joint Catholic & Church of England Academy

Class of 2025 Preparing to Perform
'Don't count the days. Make the days count'



Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



HOPE

AMBITION

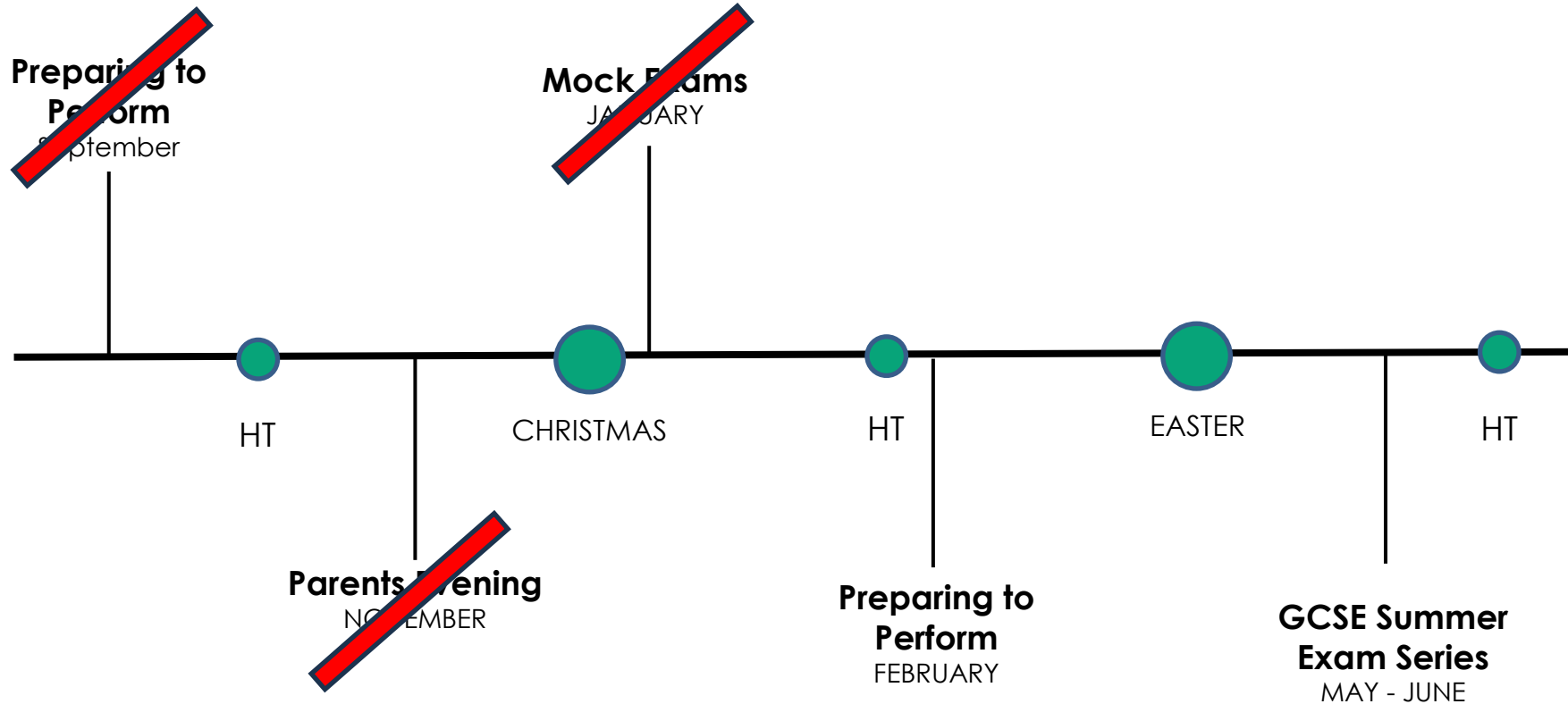
COURAGE

RESPECT



Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



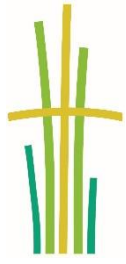


Class of 2025 Preparing to Perform

Key Dates

English Literature Mock	Monday 10 th March
Language Speaking Mocks	11 th - 14 th March
Business Mock	Monday 17 th March
Enterprise Mock	Wednesday 19 th March
Computer Science and DIT mock	Wednesday 19 th March
Drama Practical Exam	Thursday 27 th March
Art/Photography Exam	w/c 21 st April
Language Speaking Exams	w/c 28 th April





Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'

Key Dates

First Exam	Thursday 8 th May
Final Exam	Wednesday 18 th June
Contingency days	Wednesday 11 th June Wednesday 25 th June





Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



SUMMER 2025 PROVISIONAL GCSE & VOCATIONAL EXAM TIMETABLE

BOARD	UNIT	SUBJECT	START	FINISH	DATE	BOARD	UNIT	SUBJECT	START	FINISH
					THURSDAY 1st MAY	PEARSON B-TEC	BIT03	DIGITAL IT Component 3	1.00pm	2.30pm
PEARSON B-TEC	BEN03	ENTERPRISE Component 3	9.00am	11.00am	WEDNESDAY 7th MAY					
AQA	8261/W	DRAMA	9.00am	10.45am	THURSDAY 8th MAY	AQA	8668 L/R	GERMAN Listening & Reading	1.00pm	2.45pm
					FRIDAY 9th MAY	AQA	8132/1	BUSINESS STUDIES Paper 1	1.00pm	2.45pm
AQA	8702/1	ENGLISH LITERATURE Paper 1	9.00am	10.45am	MONDAY 12th MAY	Edexcel	1CP2 01	COMPUTER SCIENCE Paper 1	1.00pm	2.30pm
AQA	8062 13/16	RELIGIOUS STUDIES A Christianity & Judaism	9.00am	10.45am	TUESDAY 13th MAY	Edexcel	1SC0 1B 1B10 1B	COMBINED BIOLOGY - Paper 1 BIOLOGY Paper 1	1.00pm 1.00pm	2.10pm 2.45pm
AQA	8035/1	GEOGRAPHY Paper 1	9.00am	10.30am	WEDNESDAY 14th MAY	OCR	R184/01	SPORT STUDIES	1.00pm	2.15pm
Edexcel	1MA1 1	MATHEMATICS Paper 1 Non-Calculator	9.00am	10.30am	THURSDAY 15th MAY	AQA	8668 W	GERMAN Writing	1.00pm	2.15pm
AQA	8145 GC	HISTORY Paper 1A/B 1B/B	9.00am	11.00am	FRIDAY 16th MAY	AQA	8132/2	BUSINESS STUDIES Paper 2	1.00pm	2.45pm
Edexcel	1SC0 1C 1CH0 1	COMBINED CHEMISTRY - Paper 1 CHEMISTRY Paper 1	9.00am 9.00am	10.10am 10.45am	MONDAY 19th MAY	OCR	J587/01	PHYSICAL EDUCATION Paper 1	1.00pm	2.00pm
AQA	8702/2	ENGLISH LITERATURE Paper 2	9.00am	11.15am	TUESDAY 20th MAY	Edexcel	1CP2 02	COMPUTER SCIENCE Paper 2	1.00pm	3.00pm
AQA	8658 L/R	FRENCH Listening & Reading	9.00am	10.45am	WEDNESDAY 21st MAY	AQA	8062 2A	RELIGIOUS STUDIES A Thematic Studies	1.00pm	2.45pm



Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



**WELL
DONE!**

HOPE

AMBITION

COURAGE

RESPECT



Class of 2024 Preparing to Perform

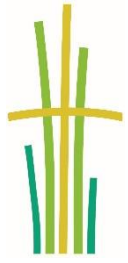
'Don't count the days. Make the days count'

72

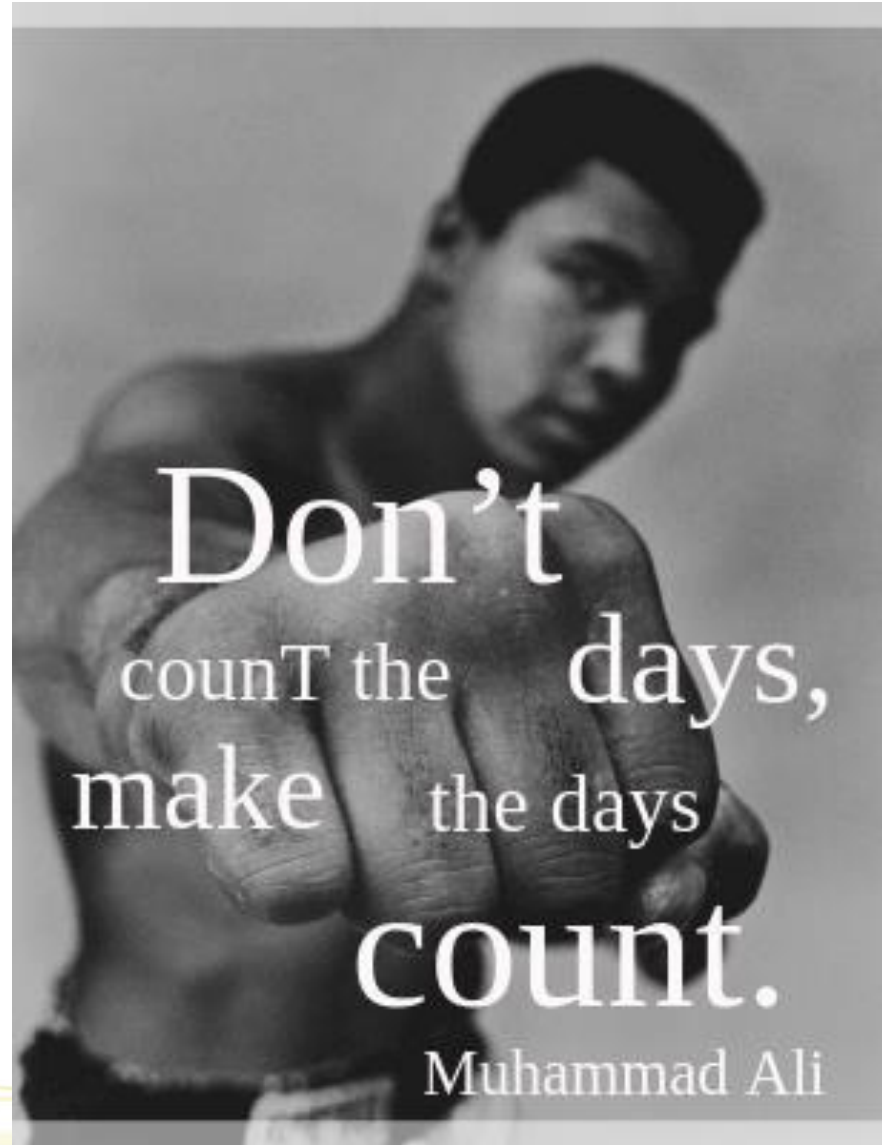


Class of 2024 Preparing to Perform
'Don't count the days. Make the days count'

40



Class of 2024 Preparing to Perform



HOPE

AMBITION

COURAGE

RESPECT



Class of 2024 Preparing to Perform

#makeitcount

200 hours of
lessons

**Easter Revision
School**
(w/c 7th April)

64 hours of
Raising Achievement Sessions

**Independent
revision opportunities**



Class of 2024 Preparing to Perform

'Don't count the days. Make the days count'

72



Motivation

Subject	Assessment Mark	Mock Percentage	Indicative Grade	Current Working Grade	Target Grade	Learning Profile
---------	-----------------	-----------------	------------------	-----------------------	--------------	------------------

Students completed a full English Language mock examination consisting of Paper 1: Explorations in Creative Reading and Viewpoints and Perspectives.

English Language - Paper 1	58/80
English Language - Paper 2	60/80
English Language - Total	118/160

Students completed a full Mathematics mock examination consisting of... reflection of the final examination in summer. Students were assessed...

Mathematics - Foundation - Paper 1	56/80
Mathematics - Foundation - Paper 2	50/80
Mathematics - Foundation - Paper 3	58/80
Mathematics - Foundation - Total	164/240

Students completed a full Paper 1 mock examination in Biology, Chemistry and Physics. The mock percentage and indicative grade reported are based solely on the results of the three papers marked out of 100 and achieved out of the total available marks.

Science - Biology - Foundation - Paper 1	38/60
Science - Chemistry - Foundation - Paper 1	28/60
Science - Physics - Foundation - Paper 1	40/60
Science - Total - Foundation - Paper 1	106/180

Subject
English Language
Mathematics
Combined Science
Separate Sciences
Religious Education
Business Studies
Computer Science
Design Technology
Drama
Geography
History
Physical Education
Spanish

- The student's name
- The grade assessor
- The table is based on the results of the three papers marked out of 100 and achieved out of the total available marks.
- The grade score shown (X) indicates the student was present for the mock examination.
- (Y) indicates the student was not present for the mock examination.
- Indicative grades are based on the results of the three papers marked out of 100 and achieved out of the total available marks.
- (Z) indicates the student was present for the mock examination but did not achieve a grade.
- For vocational subjects the grade provides an indication of the current standard of work.
- The indicative grades provided do not represent a teacher assessed grade (TAG), centre assessed grade (CAG) and are not a prediction.

Indicative Grade Boundaries (%) – January 2024 Mock Exams

Subject	Exam Board	9	8	7	6	5	4	3	2	1
English	Edexcel	78	73	69	66	63	56	51	46	41
Mathematics	Edexcel	78	73	69	66	63	56	51	46	41
Science	Edexcel	78	73	69	66	63	56	51	46	41

Year 11 Mock Exam Results

Name: _____ Form: _____

Subject	% Achieved	Indicative Grade	Personal Target Grade	% bracket needed to meet my personal target
English Language	55	5	7	9
Mathematics				





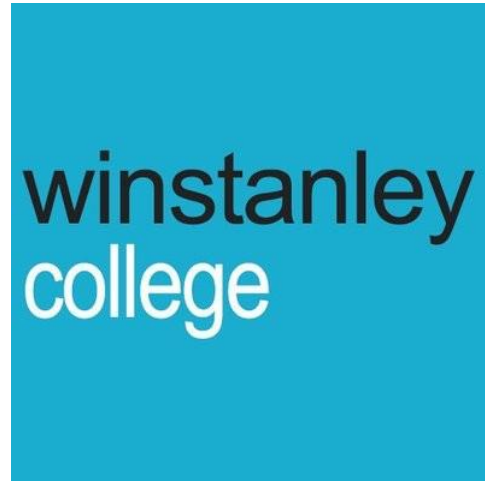
Motivation



**Warrington
& Vale Royal
College**



**Mr Wignall
Careers Advisor**



@hope_careers

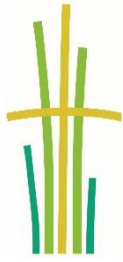


HOPE

AMBITION

COURAGE

RESPECT



Motivation





Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



Five good reasons to download the Arbor Parent App

1. Receive important information from school
2. See your child's praise points
3. View your child's attendance
4. Check your child's timetable
5. Access your child's report (when available)



Study Skills

Today, a young person is subjected to more information in a day than a person in the middle ages was in their entire lifetime.





Study Skills

Mock exams My 'to do' list			
English	Maths	Science	RE
Option 1	Option 2	Option 3	Option 4

Ensure that you speak to your class teacher – they can direct you more specifically.

WEEK 1							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Topic 1							
Topic 2							
Topic 3							

WEEK 2							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Topic 1							
Topic 2							
Topic 3							



Study Skills

Creating the correct conditions for revising

Hope Academy
Supporting Revision at Home – Preparing to sprint

ROUTINES: Creating the Correct Conditions for Revision

Students should aim to revise most weekday evenings in a block of 90 minutes, split into three sections of up to 30 minutes with a 5-10 minute break between each section. Each section of 30 minutes should focus on a different subject/topic as this will make revision more effective.

Students should have a quiet place to revise that is free from distractions. They should be sat at a desk or table and ideally this should be the same place each time they revise.

It is important that students do not have access to electronic devices that will distract them from revision. Encourage them to place their mobile phone in a separate room, what they are revising and encourage them to avoid energy drinks as this will make it more challenging to maintain concentration.

Establishing a routine now, if students have not already done so, is important. Please remember students should be encouraged to have a healthy balance between working and taking part in hobbies.

FOCUS: How can students prioritise?

Students have been working on the attached Personal Competency Plan (PCP) to identify three priority areas for revision in each subject following feedback on the last set of mock exams.

Students should plan which these topics they will be working on each evening using the template provided. When they are confident that they have mastered a particular piece of knowledge they should tick this off the list.

It is important that students review their revision at the end of each week and identify any topics that may need some additional revision.

SUPPORT: How should students be revising?

We recommend the following revision techniques and resources:

- Flash Cards - [National Flashcard Competition](#)
- Past exam questions - Workbooks are available from our school shop
- Revision Guide Shop - [Hope Academy](#)
- GCSEs - [GCSEPod](#), [Hope Academy](#)

Additional support can be found on the following page of the school website:
[Class of 2022 - Everything you need to know and more!](#) - [Hope Academy](#)

Adrian Road, Nantwich, Cheshire, Maresfield, WAT2 5AG
Tel: 01744 871830 Fax: 01744 871891
www.hopeacademy.org.uk





Study Skills

Music when revising?

Students who revised in **QUIET** environments performed over 60% better in an exam than their peers who revised listening to music that had lyrics



Study Skills

I've been here for hours and nothing is going in.

I know I should be working but I don't know where to start.





Study Skills

Making revision purposeful

Using Flashcards

Information for parents and carers



Did you know?



Using flashcards is a repetition strategy. They are a simple 'cue' on the front and an 'answer' on the back. Flashcards engage students in "active recall", which means they are creating connections with their memory.

Research shows that using flashcards can enhance long-term learning and help students to memorise facts quickly. Flashcards are not an effective method for last-minute cramming!

Studies have found that it's more effective to review a whole stack of cards in one sitting rather than to carry them around and have students glance at them every so often.



What can you do?

Encourage your child to make flashcards as part of their revision strategy. The key is to have a

through this article which explains how to use flashcards effectively using a system approach:

The chunking technique

Information for parents and carers



Did you know?



Chunking is a technique which can improve the **memory**. Chunking is the process of taking individual pieces of information (**chunks**) and **grouping them into larger units**.

The chunking process encourages students to break down larger amounts of information into smaller units, identify similarities or patterns, organise information and group information into manageable units. Studies have shown that students have gone from remembering seven pieces of information to over 80 by using the chunking technique.

Research shows that chunking is useful because it can help students' memory system become far more efficient as they are able to retain information better. They will then be able to recall relevant information in their exams.



What can you do?

Support your child to **challenge themselves** to remember lists of things, whether it's a shopping

for different sections, use tables to summarise data, bullet points to summarise key points and



Study Skills

Making revision purposeful

The screenshot shows a web browser at the URL <https://www.fromthesidelines.uk/study-hacks>. The main header features a large image of two men in a recording studio with the text "FROM THE SIDELINES". Below this, a note states: "All our Study Hack videos are embedded below. However, to download these files, please click [here](#)."

Two video thumbnails are displayed:

- Designated Study Space**: "How you can create the perfect study space for your child at home." The thumbnail shows a man sitting at a desk with a desk lamp and a chair icon overlaid.
- Silent Focus**: "Our brain is not as efficient at multitasking as we think it is!" The thumbnail shows a man with a "YOU NEED SILENCE" text overlay and a crossed-out speaker icon.



Study Skills

Making revision purposeful



Arbor



Study Skills

Making revision purposeful

The screenshot shows a web browser displaying the Hope Academy website. The URL is <https://hopeacademy.org.uk/students/class-of-2025-everything-you-need-to-know-and-more/>. The page features a navigation menu with links for HOME, KEY INFORMATION, ABOUT, CURRICULUM, CONTACT, STUDENTS, and PARENTS AND CARERS. A prominent green banner reads "YEAR 11 REVISION DOCUMENTS". Below this banner, a list of documents is displayed:

- Business - Finance
- Business - HR
- Business - Influences
- Business - Marketing
- Business - Operations
- Business - What is a business
- English - 10-JH Lessons-Plot and Quotations

A red curved arrow on the left side of the screenshot points to the "YEAR 11 REVISION DOCUMENTS" header. The Windows taskbar at the bottom shows the time as 09:54 on 18/02/2025.



Study Skills

Raising Achievement Sessions

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
AM	Independent Study - Canteen									
Registration	Week A Mentor groups	A, B, C, D, E	Science – HA	DCU	English	JLE	Maths – HA	MGA	English – HA	JLE
			Science	VWH	RE - HA	CSE	Maths	API	RE	CSE
	Week B Mentor groups	F, G, H, J, K	French	RHE	Spanish	RHE	History	JMU	Geography	SBG
Lunch Time	Geography		Creative Arts Computing		French/Spanish		History		Technology	
	Independent Study – Hope Centre (Invite only)									
PM	Science		Independent Study Canteen		English		Mathematics		Independent Study Canteen	



Wellbeing

Resilience

Managing emotions
Goal setting
Self reflection
Staying healthy
Social support



Wellbeing

Creating good sleeping habits



Night Before Exam Preparation
Information for parents and carers

Did you know?

Research shows that the night before an exam is a stressful time and that cramming the night before an exam only leaves pupils feeling frustrated and anxious. Studies show that getting enough rest is vital to consolidate new information, so it is best that pupils get a good night's sleep and wake up feeling refreshed.

By the time it is the night before the exam, all revision should have been done. This is the perfect time for pupils to calm their nerves and make sure that they are ready to enter into their exam well-rested and confident in their ability.

Further research shows that limiting distractions can help pupils think better and reduce stress. Distractions include social media, technology, the internet, contact with people who may cause any upset etc. Research also shows that eating a nutritious meal, exercising or completing a relaxing activity the night before an exam can all contribute towards being in the right mindset to succeed.

What can you do?

- Encourage your child to review their revision and notes, covering topics one by one. Late night revision will not be effective so help your child to refresh themselves with what they need to and then to take a break so they get a good night's sleep.
- Encourage your child to have a relaxing evening routine the night before an exam, which could include eating a good meal (but not to try anything new), reading a book, going for a walk together, doing some exercise or having a bath. Be mindful that your child will be feeling stressed: provide them with comfort and reassurance and support them to be as calm and relaxed as possible.
- Help your child to get everything ready in preparation for their exam, such as clothes they need to wear, bag, pens, equipment, revision notes, water bottle, snacks etc. This will eliminate any unwanted stress on the exam day. Make sure your child has a breakfast ready to eat the next day as well.

HOPE

AMBITION

COURAGE

RESPECT

enquiries@pixl.org.uk www.pixl.org.uk



Wellbeing

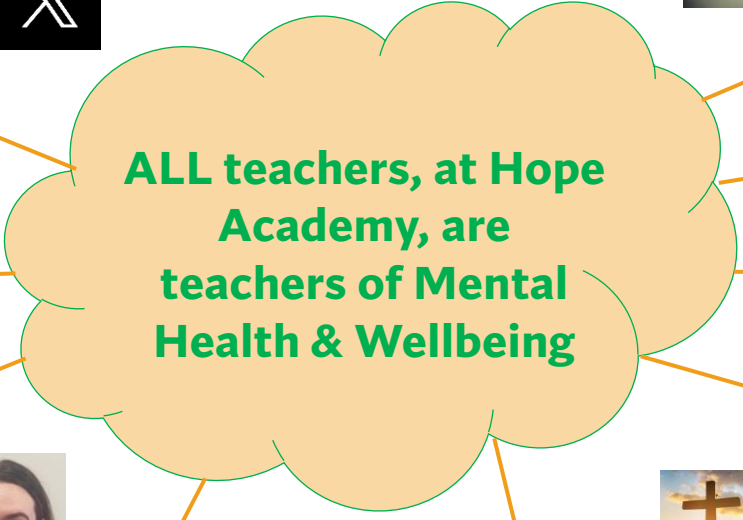
Supporting your child with coaching conversations

The script below is designed to help structure a coaching conversation between you and your child. The aim here is to support students' form positive habits that will help them to achieve their full potential. This may be something that you wish to revisit regularly throughout the year.

SCRIPT:

1. What are you worried about with regards to the exam? (Parent and student answer)
2. When do you feel at your most productive for revision?
3. What do you need in terms of support from me? (Tidy or quiet space at home? Food and drink? Timings?)
4. When don't you want to revise?
5. How do you feel at this time?
6. What can you do to improve your feelings towards revision?
 - a. Sleep?
 - b. Devices?
 - c. Food and nutrition?
 - d. Social time?

Mental Health & Emotional Wellbeing Support for Students at Hope Academy




kooth
Kooth is a free online service offering emotional and mental health support for children and young people
www.kooth.com

Twitter/X:
@Hope__Wellbeing



Strengthening Minds with Lesley

Teenage Advice Zone every Tuesday

Online Support 24/7



NHS School Drop-in Service every Wednesday



Miss Green is the Senior Mental Health Leader in school

ALL teachers, at Hope Academy, are teachers of Mental Health & Wellbeing

Thought Space with Kasia, our School Chaplain, daily in the Chapel



Mental Health & Wellbeing Lead Miss Strefford



Barnardo's Resilience Service Drop ins, 1-1 Sessions and Group Work with Catherine Hill



Counselling Service with Jayne & Jade Monday-Friday

Please see: your Director of Key Stage, Year Leader, Head of House, Ms Strefford or Ms Green for referrals





Class of 2025 Preparing to Perform
'Don't count the days. Make the days count'

Attendance v Performance

Attendance	Effect on average GCSE grade achieved



Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'



Better late
than never
**But never late
is better**



HOPE

AMBITION

COURAGE

RESPECT



Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'

'The time to relax is when you don't have time for it.'

Sidney J. Harris





Class of 2025 Preparing to Perform

'Don't count the days. Make the days count'

JCQ Joint Council for Qualifications cic

Information for candidates
Written examinations
With effect from 1 September 2024

Produced on behalf of:
AOA **City School** **GCSE**

JCQ **On your exam day**
This checklist will help you to be as prepared as possible for your exams so that you can focus on doing your best on the day.

Before sitting your exams, ensure you know:

- the date, time and location of each of your exams. You might find it helpful to write this information in a calendar or planner.
- who to contact at school or college in case there's an emergency that makes you late or unable to sit your exam.

What you will need:

- a clear pencil case
- at least two black-ink pens – blue pens are not acceptable
- an approved calculator for relevant exams
- appropriate apparatus such as a ruler or protractor for relevant exams
- a clear water bottle if you wish to take one in. It must not have a label!

Contingency sessions:

- There are contingency sessions within the afternoon of 13 June 2024 and the morning and afternoon of 25 June 2024. Make sure you are available on all these dates even if you do not have an exam.

What you cannot take into exams:

- any type of phone
- revision notes
- any type of watch (this includes analogue, digital and smart watches)

Other important information:

- Listen carefully to the invigilator's instructions which will be specific to your exam. If you are unsure of anything, please raise your hand and wait for the invigilator to respond and wait for the invigilator to respond to your question.
- Fill in your details on the front of your answer booklet.
- If you need additional paper for an invigilator who will provide you with new documents to add your details to this booklet.
- If you need to use the toilet or feel unwell, raise your hand and wait for an invigilator who will escort you from the exam room.
- Remember to stay silent – talking to a fellow candidate could result in disqualification from all your exams.

EXAMS

You can also find useful information about preparing for exams at www.jcq.org.uk/exams-office/information-for-candidates/documents

EFFECTIVE FROM 1 SEPTEMBER 2024

If you have any questions about your exams please ask your teacher or exams officer ?

Exam Information - Hope Academy x +
https://hopeacademy.org.uk/students/exam-information/

Powered by Select Language X

Hope Academy
A Joint Catholic & Church of England Academy

HOME KEY INFORMATION ABOUT CURRICULUM CONTACT STUDENTS PARENTS AND CARERS

EXAM INFORMATION

DOCUMENTS

EXAMS

- Information for Candidates - Written Examinations 2024
- Information for Candidates - On screen Examinations 2024
- JCQ Information for Candidates - Coursework assessments

CLASS OF 2025 – EVERYTHING YOU NEED TO KNOW AND MORE!

- GCSEPOD
- THE SHARP SYSTEM
- SAFEGUARDING
- HOMEWORK

Type here to search

19:50 18/02/2025

HOPE

AMBITION

COURAGE

RESPECT



Class of 2025 Preparing to Perform

#makeitcount



Subject	Notes
Subject 1	
Subject 2	
Subject 3	
Subject 4	