

Topic key – For each class, sports and facilities change each half term. E.g If autumn 1 is an outdoor sport (e.g Rugby), autumn 2 would be an indoor sport (e.g Badminton)

KS3 CURRICULUM		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 7	<b>Topic</b>	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Athletics and Striking and fielding	Athletics and Striking and fielding	
	<b>National Curriculum Links</b>	“use a range of tactics and strategies to overcome opponents in direct competition through team and individual games” “develop their technique and improve their performance in other competitive sports” “take part in competitive sports and activities outside school through community links or sports clubs”						
	<b>Summative Assessment</b>	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	
	<b>Formative Assessment</b>	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	
	<b>Personal Development Links</b>	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC
	<b>Mental Health Links</b>	2.1 Mental Wellbeing						
	<p><b>Y7 Intent &amp; Rationale:</b>            Within PE lessons, students are assessed in a broad and balanced way using our Heads, Hands and Heart criteria. This criteria ensures students are assessed in all the qualities and skills shown within Physical Education. These are:</p> <p>Head (Cognitive ability): Knowledge of the rules and tactics of the sport</p>							

<p>Hands (Physical ability): Performance of the practical skills and fitness levels</p> <p>Heart (LORIC): Leadership, Organisation, Resilience, Initiative, Communication</p> <p>From Autumn 1 to Spring 2, students will complete a range of wide range of team and individual sports including: Football, Netball, Rugby, Badminton, Gymnastics, Basketball, Handball and Fitness. During the 2 summer half terms, students will complete Athletics and Striking and Fielding (Cricket/Rounders)</p>
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KS3 CURRICULUM		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 8	<b>Topic</b>	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Athletics and Striking and fielding	Athletics and Striking and fielding	
	<b>National Curriculum Links</b>	“use a range of tactics and strategies to overcome opponents in direct competition through team and individual games” “develop their technique and improve their performance in other competitive sports” “take part in competitive sports and activities outside school through community links or sports clubs”						
	<b>Summative Assessment</b>	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	
	<b>Formative Assessment</b>	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	
	<b>Personal Development Links</b>	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC
	<b>Mental Health Links</b>	2.1 Mental Wellbeing						

**Y8 Intent & Rationale:**

Within PE lessons, students are assessed in a broad and balanced way using our Heads, Hands and Heart criteria. This criteria ensures students are assessed in all the qualities and skills shown within Physical Education. These are:

Head (Cognitive ability): Knowledge of the rules and tactics of the sport

Hands (Physical ability): Performance of the practical skills and fitness levels

Heart (LORIC): Leadership, Organisation, Resilience, Initiative, Communication

From Autumn 1 to Spring 2, students will complete a range of wide range of team and individual sports including: Football, Netball, Rugby, Badminton, Gymnastics, Basketball, Handball and Fitness. During the 2 summer half terms, students will complete Athletics and Striking and Fielding (Cricket/Rounders)

KS3 CURRICULUM		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 9	<b>Topic</b>	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Team game or Individual sport	Athletics and Striking and fielding	Athletics and Striking and fielding	
	<b>National Curriculum Links</b>	“use a range of tactics and strategies to overcome opponents in direct competition through team and individual games” “develop their technique and improve their performance in other competitive sports” “take part in competitive sports and activities outside school through community links or sports clubs”						
	<b>Summative Assessment</b>	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	End of topic assessment using Head/Hands/Heart	
	<b>Formative Assessment</b>	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	Questioning, Competitions, Matches	
	<b>Personal Development Links</b>	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC
	<b>Mental Health Links</b>	2.1 Mental Wellbeing						
<p><b>Y9 Intent &amp; Rationale:</b></p> <p>Within PE lessons, students are assessed in a broad and balanced way using our Heads, Hands and Heart criteria. This criteria ensures students are assessed in all the qualities and skills shown within Physical Education. These are:</p> <p>Head (Cognitive ability): Knowledge of the rules and tactics of the sport</p> <p>Hands (Physical ability): Performance of the practical skills and fitness levels</p> <p>Heart (LORIC): Leadership, Organisation, Resilience, Initiative, Communication</p> <p>From Autumn 1 to Spring 2, students will complete a range of wide range of team and individual sports including: Football, Netball, Rugby, Badminton, Gymnastics, Basketball, Handball and Fitness. During the 2 summer half terms, students will complete Athletics and Striking and Fielding (Cricket/Rounders)</p>								

KS4 CURRICULUM		Year 10 Term 1	Year 10 Term 2	Year 10 Term 3	Year 11 Term 1	Year 11 Term 2	Year 11 Term 3
GCSE PE Year 10 & 11	<b>Topic</b>	Exam Paper 1 – Anatomy and Physiology and Physical Training	Exam Paper 1 & Exam Paper 2 – Sports Psychology & Socio cultural issues	AEP Coursework	Exam Paper 2 – Sports Psychology & Socio cultural issues	Exam Paper 2 – Sports Psychology & Socio cultural issues	Exam Paper 1 & Paper 2 revision
	<b>National Curriculum Links</b>	“use a range of tactics and strategies to overcome opponents in direct competition through team and individual games” “develop their technique and improve their performance in other competitive sports” “take part in competitive sports and activities outside school through community links or sports clubs”					
	<b>Summative Assessment</b>	End of topic assessment using amended paper 1 exam	Paper 1 Mock exam	Coursework final submission	Paper 2 mock exam	Paper 2 mock exam  Practical performance submission	Final exam
	<b>Formative Assessment</b>	Weekly low stakes connect quiz	Weekly low stakes connect quiz	Weekly low stakes connect quiz	Weekly low stakes connect quiz	Weekly low stakes connect quiz	Weekly low stakes connect quiz
	<b>Personal Development Links</b>	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC
	<b>Mental Health Links</b>	2.1 Mental Wellbeing					
	<b>GCSE PE Intent &amp; Rationale:</b> Develop students knowledge throughout sport and exercise science through the exploration of topics such as Anatomy & Physiology, Sports Psychology & Physical training. This provides students for the seamless transition into A Level PE and a career in sport. This can also be applied within students own practical performance improving their individual ability						

KS4 CURRICULUM		Year 10 Term 1	Year 10 Term 2	Year 10 Term 3	Year 11 Term 1	Year 11 Term 2	Year 11 Term 3	
<b>Sport Studies Year 10 &amp; 11</b>	<b>Topic</b>	Coursework – Sports Leadership	Exam – Contemporary issues in sport	Exam – Contemporary issues in sport	Coursework – Sports Leadership & Developing sports skills	Coursework – OAA	Coursework catch up	
	<b>National Curriculum Links</b>	“use a range of tactics and strategies to overcome opponents in direct competition through team and individual games” “develop their technique and improve their performance in other competitive sports” “take part in competitive sports and activities outside school through community links or sports clubs”						
	<b>Summative Assessment</b>	Coursework submission	Mock exam	Final exam	Coursework submission	Coursework submission	Coursework submission	
	<b>Formative Assessment</b>	Coursework improvements	Weekly low stakes connect quiz	Weekly low stakes connect quiz	Coursework improvements	Coursework improvements	Coursework improvements	
	<b>Personal Development Links</b>	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC	2.1 Mental Wellbeing 2.3 Physical Health & Fitness 2.4 Healthy Eating 2.8 Changing Adolescent Body 4.1,2,3,4 - SMSC
	<b>Mental Health Links</b>	2.1 Mental Wellbeing						
	<b>Sport Studies Intent &amp; Rationale:</b> Develop students knowledge throughout sport through the exploration of topics such as Barriers and solution in sport, sporting values and national governing bodies. This provides students for the seamless transition into BTEC PE and a career in sport. This can also be applied within students own practical performance improving their individual ability							