

Winter Menu

Secondary Schools

Meal of the Day		Dates: 2/11/2015, 23/11, 14/12, 18/1/2016, 8/2, 7/3, 28/3, 2/5, 23/5, 20/6, 11/7				
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Spaghetti Bolognese & Garlic Bread Vegetarian Sausages	Chicken Curry & Rice with Naan Bread Cheese & Onion Quiche	Roast Beef & Yorkshire Pudding Tuna Pasta Bake with Crusty Bread	Pork Sausages with Onion Gravy Quorn Curry with Rice & Naan Bread	Harry Ramsdens Battered Cod Fillet Cheese & Tomato Pizza	
Vegetables	Seasonal Vegetables Baked Beans Mashed Potatoes	Seasonal Vegetables 50/50 Rice Potato Wedges with Vegetarian Option	Seasonal Vegetables Roast & Boiled Potatoes	Seasonal Vegetables 50/50 Rice Creamed Potatoes	Peas Chipped Potatoes	
Desserts or Fresh Fruit	Fruity Flapjack or Fresh Fruit Salad	Chocolate Orange Brownie	Fruit Sponge & Custard	Lemon Drizzle Cake or Cheesecake topped with Fruit	Fruit Muffin	

Meal of the Day		Dates: 9/11/2015, 30/11, 4/1/2016, 25/1, 22/2, 14/3, 18/4, 9/5, 6/6, 27/6, 18/7				
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Pork Meatballs with Gravy Cheese & Tomato Pasta Bake with Crusty Bread	Chicken Korma served with Rice & Naan Bread Salmon & Broccoli Quiche or Salmon Fishcake	Homemade Steak Pie Vegetarian Spaghetti Bolognese with Garlic Bread	Shepherds Pie or Sweet & Sour Chicken with Rice Quorn Curry & Rice with Naan Bread	Harry Ramsdens Battered Cod Fillet Tuna & Sweetcorn Pizza	
Vegetables	Seasonal Vegetables Mashed Potatoes	Seasonal Vegetables Baked Beans 50/50 Rice Herby Diced Potatoes	Seasonal Vegetables Creamed Potatoes	Seasonal Vegetables 50/50 Rice	Peas Chipped Potatoes	
Desserts or Fresh Fruit	Carrot Cake or Iced Lemon Cake	Chocolate Surprise Cake	Fruity Flapjack	Fruit Sponge with Custard	Chocolate Fudge Brownie or Fruity Cookie	

Meal of the Day		Dates: 16/11/2015, 7/12, 11/1/2016, 1/2, 29/2, 21/3, 25/4, 16/5, 13/6, 4/7				
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Pork Loin, Apple Sauce & Gravy Quorn Meatballs with Gravy	Chicken Curry & Rice with Naan Bread Vegetarian Sausage Roll	Homemade Chicken Pie Cheese & Tomato Pasta Bake with Crusty Bread	Hot Pot with Beetroot Quorn Curry with Rice & Naan Bread	Harry Ramsdens Battered Cod Fillet Cheese & Tomato Pizza	
Vegetables	Seasonal Vegetables Roast & Boiled Potatoes	Seasonal Vegetables 50/50 Rice Potato Wedges with Vegetarian Option	Seasonal Vegetables Creamed Potatoes	Seasonal Vegetables 50/50 Rice	Peas Chipped Potatoes	
Desserts or Fresh Fruit	Vanilla or Chocolate Ice Cream Roll with Fruit	Iced Cake	Cup Cake	Fruit Sponge & Custard	Fruity Muffin	

Commences from: 2nd November 2015 – 22nd July 2016